



## **Hello and Welcome**

Thank You for reaching out.

My name is Kristina de Bree. I am a licensed marriage and family therapist and a certified EMDR specialty therapist.

Yes, I am accepting new clients at this time.

I do not accept insurance; however, your insurance may be able to help you receive reimbursement for EMDR services. (I can send you detailed information about how to inquire if you are interested)

All sessions are currently being offered via telehealth only due to COVID-19.

Each session is 50-minutes and the fee is \$200 per session.

I require a credit card on file before booking your first session.

If you are interested in booking an initial evaluation session, we would first have a free 15-minute phone consultation to speak further.

If you are interested in a 15-minute phone consultation, please send me a text message at (661)513-4857.